

BREAKFAST MENU

Continental Buffet - \$6.95

Breakfast Buffet – \$8.95

CHILLED FRUIT, JUICES AND FIBERS

Bowl of Fresh Seasonal Fruit
\$2.25

Chilled Breakfast Juice
Orange, Pineapple, Tomato, Apple, V-8, Cranberry, Grapefruit or Grape.
Small - \$1.95 Large - \$2.25

Assorted Cold Cereal
Raisin Bran, Corn Flakes, Special K, Granola, Cheerios, Rice Krispies or Mini Wheat
\$2.25

Fruit Yogurt
Choice of sliced Banana, Seasonal Berries or Peach
\$3.50

Continental Breakfast
Cold Cereal or Granola Topped with Berries, and Fruit Muffin or Danish.
\$3.95



HEALTHY START



Hot Bowl of Oatmeal with Brown Sugar, Raisin and Berries.
\$2.25

Two Poached Eggs with Asparagus, Turkey Sausage, Sliced Tomato, and Shredded
Parmesan Cheese with Wheat Toast.
\$4.95

Smoked Salmon with Steamed Broccoli, Two Poached Eggs served with Wheat Toast
and a low-fat Cream Cheese Dressing.
\$6.95

Half of Grapefruit, Fresh melon, Kiwi and Oranges.
\$3.95

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.
Please inform your server of any food related allergies.*

